

CHILDREN'S MINI MEALS

- ☺ Fish Fingers
- ☺ Sausages
- ☺ French Bread Pizza
- ☺ Macaroni Cheese

Our Children's Mini Meals come with either Sauté Potatoes or half Jacket Potato, Peas or Baked Beans. Also Includes a Drink and Small Ice Cream or Apple and Grapes

Only £2.50



CHILDREN'S LUNCHBOX

- ☺ Sandwich -
Cheese, Ham, Jam, Marmite
- ☺ Cheese Portion
- ☺ Vegetable Stick
- ☺ Fruit Portion
- ☺ Fruit Yoghurt
- ☺ Apple or Orange Juice

Only £2.00



HOT LUNCHES

Please see our menu board for the dish of the day. Our 2 course special is a main course with fresh vegetables and dessert.

Includes a free tea or coffee.

2 Course Meal Deal Special	£4.00
Hot dish of the Day	£3.30
Dessert of the Day	70p

CHILDREN'S MINI MEAL

½ Portion of Adult Meal Deal	£2.00
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See weekly menu for dish of the day

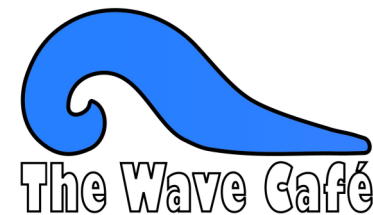
CHILDREN'S LITE BITE

½ Jacket Potato with filling	£1.50
Cheese on Toast	£1.00
Beans on Toast	£1.00
Scrambled Egg on Toast	£1.00
Sandwiches:	90p
Cheese / Ham / Tuna / Marmite	
Buttered Toast:	25p

DRINKS

	cup	mug
Tea	50p	60p
Speciality Teas	60p	70p
Filter Coffee	50p	60p
Cappuccino	£1.00	£1.30
Latté	£1.00	£1.30
Americano	£1.00	£1.30
Hot Chocolate	£1.00	£1.30
Hot Chocolate Wave Special with Cream, Flake & Marshmallows		£1.50
Sugar Free Squash		25p
Carton Juice - Apple or Orange		45p
Canned Drinks - Coke or Diet Coke		60p

Pop in and see us at



The Children and Family Centre
Broadwater Baptist Church
Dominion Road
Worthing West Sussex
BN14 8JL

Open Mon-Fri 9.00-3.00



Telephone us on:
01903 214796

BREAKFAST

Full English Breakfast £3.50
Bacon, sausage, egg, tomato, mushrooms, hash browns, toast.
tea or coffee. Available between 9.00am and 11.00am

Poached Eggs on Toast £2.00
Bacon and Beans on Toast £2.25
Buttered Toast 25p

Why not PRE-ORDER

SNACKS

Try one of our mid morning munchies

Cheese Scone 50p
Toasted Tea Cake 60p
Buttered Toast 25p
Bacon and Cheese Turnover 80p
1/2 Jacket Potatoes 60p
topped with cheese & ham
Whole Fruit from 40p
Fruit Yoghurts 30p
Crisps 35p
Mini Biscuit Packs 30p
Chocolate Bars from 15p

OMELETTES

Please ask at the counter for your chosen filling, anything goes!

Omelette and Salad £2.50
cheese / ham / mushroom
Plain £2.00

HOT SOUP & ROLL

Please ask at the counter for the daily soup

Soup and Bread £1.75

JACKET POTATOES

All our Jacket Potatoes come with a side salad.

If you would prefer another filling please ask.

Baked Beans £1.90
Cheese £2.00
Tuna £2.00
Cheese and Beans £2.20
Cheese and Coleslaw £2.20
Tuna and Cheese £2.50
Coronation Chicken £2.50
Chicken and Ham Mayonnaise £2.50

SANDWICHES

All our sandwiches are prepared fresh on wholemeal,
granary or white bread, other fillings available, please ask.

Egg and Cress £1.90
Egg Salad £1.90
Cheese & Salad £1.90
Cheese and Tomato £1.90
Cheese & Pickle £1.90
Bacon £2.20
Tuna £2.20
Tuna & Salad £2.50
Gammon £2.20
Gammon & Cheese £2.50
Prawn £2.50



If you can not find anything to eat from this menu and would prefer something else, please ask as we are here to help. Thank-you.

PANINI

All Panini come with a side salad

Tomato and Mozzarella £2.80
Roasted Vegetables £2.80
Gammon and Cheese £2.90
Chicken and Bacon £2.90
Bacon and Brie £2.90
Tuna and Sweetcorn £2.90

TOASTED SANDWICHES

Choose your bread and filling and we toast it for you

Cheese £1.90
Cheese and Tomato £2.00
Cheese and Onion £2.00
Gammon and Tomato £2.00
Gammon and Cheese £2.50

We make everything by hand

CAKES & DESSERTS

A selection of freshly baked cakes available daily

Homemade Cake from 70p
Cookies / Flapjack from 50p
Gingerbread Men 50p