

CHILDREN'S MINI MEALS

Only £2.70

- ☺ Fish Fingers
- ☺ Sausages
- ☺ French Bread Pizza
- ☺ Macaroni Cheese

Our Children's Mini Meals come with either Chips or half Jacket Potato, Peas or Baked Beans. Also Includes a Drink and Small Ice Cream or Apple and Grapes



CHILDREN'S LUNCHBOX

Only £2.20

- ☺ Sandwich -
Cheese, Ham, Jam, Marmite
- ☺ Cheese Portion
- ☺ Vegetable Stick
- ☺ Fruit Portion
- ☺ Fruit Yoghurt
- ☺ Apple or Orange Juice



HOT LUNCHES

Please see our menu board for the dish of the day. Our 2 course special is a main course with fresh vegetables and dessert.

Includes a free tea or coffee.

2 Course Meal Deal Special	£4.40
Hot dish of the Day	£3.60
Dessert of the Day	80p

CHILDREN'S MINI MEAL

½ Portion of Adult Meal Deal	£2.25
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See weekly menu for dish of the day

CHILDREN'S LITE BITE

½ Jacket Potato (plain)	£1.25
Fillings	25p eh
Cheese or Beans on Toast	£1.25
Scrambled Egg on Toast	£1.25
Sandwiches:	£1.00
Cheese / Ham / Tuna / Marmite / Jam	
Buttered Toast per slice	30p

DRINKS

Tea (decaf available)	60p
Filter Coffee (decaf available)	60p
Speciality Teas	70p
Cappuccino	£1.50
Latté	£1.50
Americano	£1.30
Hot Chocolate	£1.50
Hot Chocolate Wave Special	
with Cream, Flake & Marshmallows	£1.75
Sugar Free Squash	25p
Milk	40p
Carton Juice - Apple or Orange	50p
Canned Drinks - Coke or Diet Coke	70p

Pop in and see us

The Wave Café

Broadwater
BAPTIST CHURCH

The Children and Family Centre
Broadwater Baptist Church
Dominion Road
Worthing West Sussex
BN14 8JL

Open Mon-Fri 9.00-3.00

Telephone us on:
01903 214796

BREAKFAST

Full English Breakfast £3.75
Bacon, sausage, egg, tomato, mushrooms, hash browns, toast, tea or coffee. Available between 9.00am and 11.00am

Poached Eggs on Toast (two eggs two toast) £2.20
Bacon and Beans on Toast (two bacon two toast) £2.45
Buttered Toast 30p

Why not PRE-ORDER?

SNACKS

Try one of our mid-morning munchies

Cheese Scone 70p
Large Toasted Tea Cake (butter and jam) £1.00
Cheese and Tomato Pizza £1.00
Bacon and Cheese Turnover 90p
Sausage Roll 90p
Roasted Vegetable and Mozzarella Parcel 90p
Whole Fruit from 40p
Fruit Yoghurts 35p
Crisps 40p
Mini Biscuit Packs 40p
Chocolate Bars from 15p
Mini Raisin Boxes 20p

OMELETTES

Please ask at the counter for your chosen filling, anything goes!

Plain Omelette and Salad £2.50
Fillings 25p eh
Cheese / Ham / Mushroom / Onion / Tomato

HOT SOUP & ROLL

Please ask at the counter for the daily soup

Soup and Bread £1.80

JACKET POTATOES

All our Jacket Potatoes come with a side salad.

If you would prefer another filling please ask.

Plain Jacket £1.75
Baked Beans £2.25
Cheese £2.25
Tuna £2.25
Cheese and Beans £2.50
Cheese and Coleslaw £2.50
Tuna and Sweetcorn £2.50
Tuna and Cheese £2.50
Coronation Chicken £2.75
Prawn Mayonnaise £2.75
Sausage or Bacon and Beans £2.75

SANDWICHES

All our sandwiches are prepared fresh on wholemeal, granary or white bread, other fillings available, please ask.

Egg and Cress £2.00
Cheese and Onion £2.10
Cheese and Tomato £2.10
Cheese and Pickle £2.10
Bacon £2.25
BLT £2.50
Tuna £2.25
Tuna and Salad £2.50
Gammon and Coleslaw £2.50
Gammon and Salad £2.50
Prawn £2.50



If you would like something we have not listed, please ask as we are here to help. Thank-you.

PANINI

All Panini come with a side salad

Tomato and Mozzarella £3.00
Roasted Vegetables £3.00
Emmental Cheese and Sautéed Mushrooms £3.20
Gammon and Cheese £3.20
Chicken and Bacon £3.20
Bacon and Brie £3.20
Tuna and Sweetcorn £3.20
Bacon and Egg Mayonnaise £3.20
Tuna Melt (open Panini) £3.50

TOASTED SANDWICHES

Choose your bread and filling and we toast it for you

Cheese £2.20
Cheese and Tomato £2.20
Cheese and Onion £2.20
Gammon and Tomato £2.60
Gammon and Cheese £2.60
Bacon Brie and Cranberry £2.60
Emmental and Sautéed Mushroom £2.60

We make everything by hand

CAKES & DESSERTS

A selection of freshly baked cakes available daily

Homemade Cakes from 80p
Cookies / Flapjack from 70p
Gingerbread Men 50p